

EXHIBIT F

Midcontinent DIGITAL PHONE



Talk about easy.



Talk all you want

Dial it up!

Home phone service doesn't get any easier than this.

Our digital phone service works just like your current phone service. You dial the same way. You use the same phone equipment you always have. But with our crystal clear digital signal, it'll sound like you're standing right next to the person on the other end of the line.

Our Digital Phone Package is packed full of features. We give you unlimited[†] long distance – plus eight of our most requested calling features – all for one great price!

Talk all you want – there's no need to watch the clock. No complicated calling plans. And no dropped calls. Midcontinent Digital Phone service gives you much more, for much less.

It's the new way to talk.

[†] Midcontinent Digital Phone Package is available to residential customers only and includes one phone line with direct-dialed, unlimited local- and long-distance calling, up to 5,000 minutes per billing cycle, to the continental U.S., Alaska, Hawaii, Canada, U.S. Virgin Islands, Puerto Rico, and Guam. Other locations are considered International and charged at per minute calling rates (please check our website). Calling card calls, collect calls, 900 number calls, operator assisted calls, and directory assistance are not included. Caller ID equipment not included. Digital Phone Service is subject to Terms and Conditions as outlined on our website at www.midcomm.com.

Five Great Reasons to Switch

1. It's Easy!

Seriously. Really easy. Keep your same number, and use your same phone. We provide the equipment that connects it all – free of charge. You don't need to rent or purchase any new hardware.

2. It's On Your Terms.

We know you'll love your new Midcontinent Digital Phone service, but we don't want to tie you down. Stay with us as long as you like. There's no annual contract for you to sign.

3. It's All-in-One.

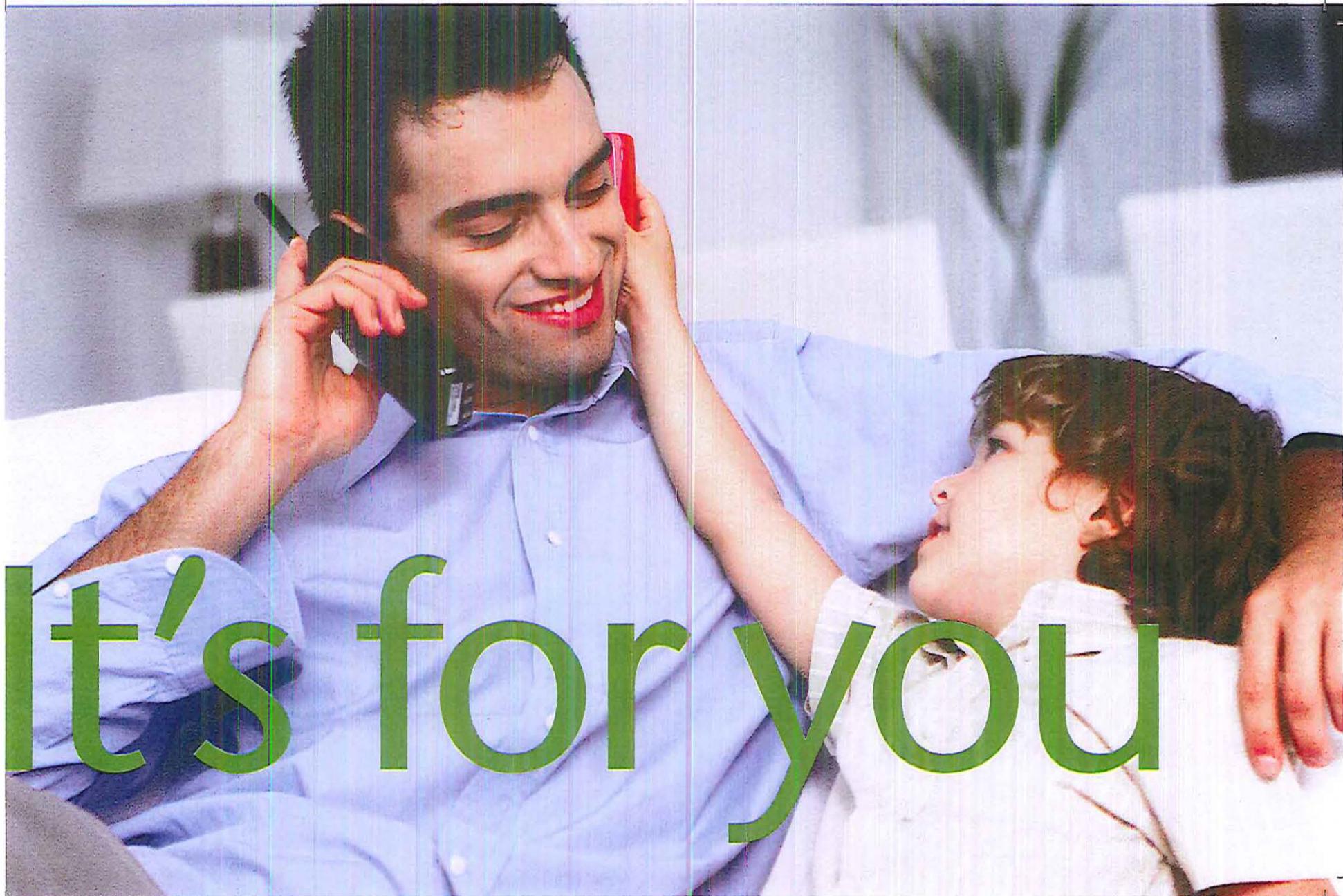
One company for local. One company for long distance. One convenient bill. After all, who wants to be bothered with bills and statements from multiple carriers?

4. It's Midcontinent.

We deliver the best technology products to the region – and we do it with pride. We've been serving our customers for more than 80 years running.

5. It's Flexible.

Don't need unlimited long distance and calling features? Our "a la carte" Digital Phone service allows you to pick just the features you need. Call us at 1.800.888.1300 for pricing.



It's for you

Fabulous FREE Features with our Digital Phone Package:

Caller ID* Name and Number (with Anonymous Call Rejection)

Screen your calls – answer the ones you want.

Call Waiting ID*

Never miss an important call. And screen who's calling before you click over.

3-Way Calling

Planning a night out with friends? Need to conference someone in? Talk to two people at the same time with a couple of clicks.

Speed Call 30

Don't feel like dialing 10 digits all the time? Program up to 30 of your most frequently dialed numbers – and call with just the push of a button.

Distinctive Ringing

Want to know who's calling just by the sound of their ringtone? Have a unique ring per caller for up to 10 special people.

Last Call Return

Missed a call while you were in the shower? Hit *69 to see who it was.

Call Forwarding Universal

Stuck at home because you're expecting a call? Not anymore! Forward your calls to another number – even your cell phone.

Continuous Redial

Need to get through to somebody, but still need to make and receive other calls? With Continuous Redial, automatically redial the number – even while you're talking to someone else.

Voicemail

Check your messages from anywhere day and night with voicemail. Included is eVOICE which allows you to get your voicemails sent to a preferred email address, so you can see when a message comes in and listen to it straight from your email inbox.

† Midcontinent Digital Phone Package is available to residential customers only and includes one phone line with direct-dialed, unlimited local- and long-distance calling, up to 5,000 minutes per billing cycle, to the continental U.S., Alaska, Hawaii, Canada, U.S. Virgin Islands, Puerto Rico, and Guam. Other locations are considered International and charged at per minute calling rates (please check our website). Calling card calls, collect calls, 900 number calls, operator assisted calls, and directory assistance are not included. Caller ID equipment not included. Digital Phone Service is subject to Terms and Conditions as outlined on our website at www.midcocomm.com.

Hearing & Speech Assistance

Support for everyone.

We provide hearing and speech support assistance to disabled customers throughout our region. With Telecommunications Relay Service (TRS) – commonly known as Relay Calling – operators help facilitate communication between the calling and receiving parties.

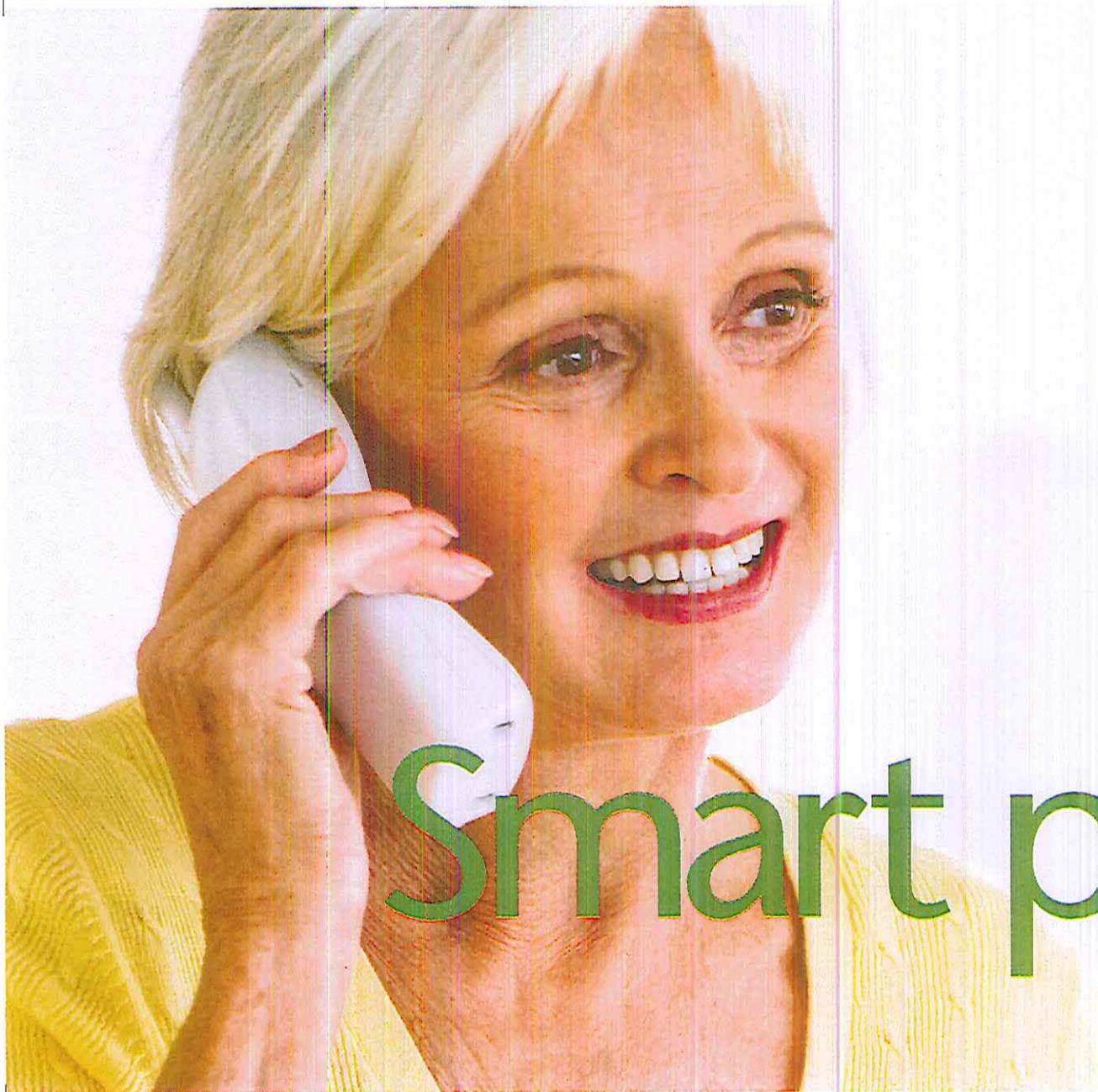
For more information, please contact our Customer Care Team at 1.800.888.1300.

Lifeline Assistance

We're here to help.

For some people, the telephone is their lifeline to the outside world. Low and fixed income telephone subscribers can apply for financial aid to help with their phone bill through Lifeline Assistance.

For questions and information on how to apply, please call 1.800.888.1300.



Smart phone

So ... get talking!

And feel free to talk all you want – whenever you want! We give you unlimited local and long distance calling. Crystal clear voice quality. Nine of our most requested calling features. And you won't have to purchase or rent any new equipment.

With Midcontinent Digital Phone Service, you'll have the most advanced phone technology available today – backed by the 24/7 support of our friendly Customer Care Team.

So when you're ready for a new way to talk, talk to us.



Need help? Have a question?
We're here for you 24/7.
Call 1.800.888.1300 or visit
midcocomm.com.

Of course, you're always welcome to visit us at a Customer Service Center near you. Stop by and set up services, get a personal demonstration, check out our other services, and more!

Ordering service and making payments has never been easier. Handle it all online at midcocomm.com.

MT24 0914



1.800.888.1300 | midcocomm.com



Midcontinent DIGITAL PHONE